

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Meeting Format Legend			
1X	One Time A Month	3W	Third Week
4W	Fourth Week	BK	Book Study
BL	Bi-Lingual	BT	Basic Text
C	Closed	CW	Children Welcome
D	Discussion	IP	Informational Pamphlet
IW	It Works -How and Why	LC	Living Clean
LW	Last Week of the Month	M	Men
O	Open	RF	Rotating Format
SP	Speaker	St	Step
TAG	Tag	To	Topic
W	Women	YP	Young People

Helplines	
Big Bend Area - Tallahassee	877-340-5096 850-224-2321
Daytona Beach Area - Volusia County	800-206-0731 386-628-0318
First Coast Area - Duval County	904-723-5683

AZUSA

Fri 7:30PM A to Z Recovery, 506 North Soldano Avenue, Azusa, 91702 (O, D, SP)

BALDWIN PARK

Mon 7:00PM Meet us in the park NA, Family Service Center, 14305 Morgan Street, Baldwin Park, 91706 (O, D, SP, LW) *Potluck Last Week*

Tue 7:30PM Libertad, Capilla First Presbyterian, Room 2, 4428 North Stewart Avenue, Baldwin Park, 91706 (O, D)

Wed 7:15PM Living Clean Not Dirty, Family Service Center, 14305 Morgan Street, Baldwin Park, California, 91706 (C, D, BK) *facility rules*

Wed 7:30PM Libertad, Capilla First Presbyterian, Room 2, 4428 North Stewart Avenue, Baldwin Park, 91706 (O, BL, D)

Thu 7:30PM Libertad, Capilla First Presbyterian, Room 2, 4428 North Stewart Avenue, Baldwin Park, 91706 (O, D)

COVINA

Sun 1:00PM In Need Of A Meeting, Covina Park, North West side of Park, 434 North 4th Avenue, Covina, 91723 (O, D, IW, BK) *Bring a Chair*

Sun 8:00PM Sunday Night Grab Bag, Prince of Peace Lutheran Church, 1359 East Covina Boulevard, Covina, California, 91723 (O, D, IP, RF, St, To, CW, TAG)

Tue 7:30PM Gladstone Meeting, Prince of Peace Church, 1359 East Covina Boulevard, Covina, California, 91723 (O, D)

Fri 7:00PM Friday Night Live-Relax & Recover, 17880 East Covina Boulevard, Covina, 91722 (O, D, SP, 4W) *Speaker 4th Friday of the month*

Fri 8:00PM Learn to Listen, Listen to Learn, Prince of Peace Lutheran Church, 1359 East Covina Boulevard, Covina, 91723 (O, D, SP) *First Friday - Speaker 5 Years +*

Fri 10:00PM Friday Night Insight, 444 North Barranca, Covina, 91723 (O, D)

Sat 7:00PM Saturday Night Special, Holy Trinity Church, 100 North Third Avenue, Covina, 91723 (O, D, SP)

EL MONTE

Sun 7:00PM Stairway to Heaven, Speaker 3rd Sunday, 3430 Cogswell Road, El Monte, California, 91732 (O)

Tue NOON Vida Nueva, Mid Valley Recovery Center, Suite 112B, 3131 Santa Anita Avenue, El Monte, California, 91733 (O, BL, D)

Wed 7:00PM Women Do Recover, Speaker @ End of the Month, 3430 Cogswell Road, El Monte, California, 91732 (O, W)

Thu 5:00PM Vida Nueva, Mid Valley Recovery Center, Suite 112B, 3131 Santa Anita Avenue, El Monte, California, 91733 (O, BL, D)

Fri 7:00PM Thank God it's Friday, 3430 Cogswell Road, El Monte, California, 91732 (O, RF, SP, To) *Speaker Last Friday of the Month*

Sat 5:00PM Pride in Recovery, Free Spaghetti dinner at 4 p.m., 3430 Cogswell Road, El Monte, California, 91732 (SP, 3W, 1X)

GLENDORA

Mon 7:00PM Stick With It, Church of Nazarene, Stick Topic #111, 645 North Grand Avenue, Glendora, 90028 (O, D, To)

Wed 8:00PM Surrender To Live, First Christian Church, 300 North Glendora Avenue, Glendora, 91741 (O, D, LC)

Thu 8:00PM Straight Up Old Skool, Glenkirk Church, Room 25 Speaker First Thursday, 1700 East Palopinto, Glendora, 91741 (O, D, SP) *Facility Closed Holidays - No Meeting*

LA PUENTE

Mon 7:30PM Young People's Meeting, Saint Andrews Presbyterian, 846 North Orange Avenue, La Puente, 91746 (O, D, YP)

Tue 7:30PM Spanish Speaking, 218 N Glendora Ave, La Puente, 91744 (O, D)

Thu 7:30PM Ted N Memorial, Saint Andrews Presbyterian, 846 North Orange Avenue, La Puente, 91746 (O, D)

SAN DIMAS

Mon 7:00PM Miracles Happen Group, San Dimas Community Church, 216 North San Dimas Avenue, San Dimas, 91773 (O, BT, D, IW)

Tue 7:30PM Men's Meeting, San Dimas Community Church, Cross-talk Allowed, 216 North San Dimas Avenue, San Dimas, 91773 (C, D, M)

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.